

student lunches

JUNE 2017

IDEAVENTIONS ACADEMY FOR MATHEMATICS AND SCIENCE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| | | | 1 | 2 |
| | | | MEXICAN | BREAKFAST FOR LUNCH |
| | | | Santa Fe Burrito with Ground Beef, Black Beans, Spanish Rice, & Cheddar Cheese, Southwest Spring Mix Salad with Chipotle Ranch Dressing, Grapes, and a Chocolate Pudding Cup | Breakfast Tacos with Scramble Eggs, Crispy Bacon, Roasted Potatoes, & Cheddar Cheese, Hashbrown with Organic Ketchup, Strawberries, and a Chocolate Chip Cookie |
| 5 | 6 | 7 | 8 | ! |
| ITALIAN | SANDWICHES | AMERICAN | MEXICAN | SCHOOL'S CHOICE |
| paghetti Bolognese with Virginia Pasture-Raised Ground Beef, Garlic Breadstick, Caesar Salad with House Caesar Dressing, Banana, and a Snickerdoodle Cookie | Smoked Turkey Bacon Sliders with Fresh Lettuce, Tomato, & Cucumber, Bowtie Pasta Salad, Orange Slices, and a Chocolate Chip Cookie | Cheeseburger Sliders with Fresh Lettuce & Tomato, Hashbrown with Organic Ketchup, Apple Slices, and a Brownie Bite | Build-Your Own Tacos with Ground Beef, Chesse, Lettuce, Tomato, Salsa, & Sour Cream, Roasted Corn & Tomato Salad, Fresh Fruit Medley, and a Chocolate Pudding Cup | Pizza Day |
| 12 | 13 | 14 | 15 | 1 |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| Have a great summer! | Have a great summer! | Have a great summer! | Have a great summer! | Have a great summer! |
| 19 | 20 | 21 | 22 | 2 |
| 20 | 07 | 20 | 20 | |
| 26 | 27 | 28 | 29 | 3 |
| | | | | |

ABOUT STUDENT LUNCHES BY LOKL GOURMET

V= indicates entrees that are 100% vegetarian

- We use locally-sourced and organic ingredients whenever possible. Fruits and vegetables on the Organic Consumers Association's "dirty dozen" list are always organic. Those that are on their "clean fifteen" list, and thus minimally affected by pesticides, are often, but not always, organic.
- 🔾 We use local, pasture-raised meats from Virginia, and organic dairy from Trickling Springs Creamery in Pennsylvania.
- O All of our dips, sauces, and baked good are made in-house with simple, wholesome ingredients. We do not add preservatives, colorings, or high fructose corn syrup to anything we make.
- O This menu is nut-free, but we are not a nut-free facility.