



student lunches
APRIL 2017
 1 lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5 ASIAN Teriyaki Chicken Stir-Fry with Broccoli, Snap Peas, Carrots, & Bell Peppers, Organic Brown Rice, Sea Salt Edamame, and Orange Slices	6	7
10	11	12 Have a great Spring Break!	13	14
17	18	19	20	21
24	25	26	27	28

ABOUT STUDENT LUNCHES BY LOKL GOURMET

= indicates entrees that are 100% vegetarian

- ◉ We use locally-sourced and organic ingredients whenever possible. Fruits and vegetables on the Organic Consumers Association's "dirty dozen" list are always organic. Those that are on their "clean fifteen" list, and thus minimally affected by pesticides, are often, but not always, organic.
- ◉ We use local, pasture-raised meats from Virginia, and organic dairy from Trickling Springs Creamery in Pennsylvania.
- ◉ All of our dips, sauces, and baked good are made in-house with simple, wholesome ingredients. We do not add preservatives, colorings, or high fructose corn syrup to anything we make.
- ◉ This menu is nut-free, but we are not a nut-free facility.